

Travis County Family Drug Treatment Court
PHASE ADVANCEMENT CHECKLIST

FROM FAMILY FOCUS PHASE (2) TO PHASE (3)

(lasts approximately 90 days)

EXPECTATIONS:

- Follow all court orders and attend all drug court and CPS hearings
- Attend all appointments; not showing up for appointments and not calling ahead to make alternate plans can delay phase advancement
- Request phase advancement in writing
- Complete all pending consequences (for example: community service, essays) before you are eligible to advance

RECOVERY

- ☐ Attend drug court hearings **every other week**
- ☐ Submit clean drug and alcohol tests as requested **and** as indicated by the drug court call-in system
- ☐ Submit a clean hair follicle to advance
- ☐ Successfully engage in any recommended drug treatment and successfully complete intensive outpatient treatment (if recommended)
- ☐ Participate in at least one NA/AA/CA meeting for every day of the week that you are not attending treatment and begin participation in 90 meetings in 90 days following completion of intensive outpatient treatment (Note: a 12-step NA/AA/CA meeting, aftercare process group, alumni group at Austin Recovery, and the Beauty of Recovery are the only meetings that count for this requirement)
- ☐ Maintain a sponsor and meet with sponsor at least weekly
- ☐ Submit a written relapse prevention plan (attached)

SELF SUFFICIENCY

- ☐ Take the following steps to continue job search:
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- ☐ Take the following steps to obtain or maintain safe and stable housing:
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- ☐ Take the following steps to continue education/literacy:
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- ☐ Submit a detailed budget to the team to include monthly expenses and income (attached)
- ☐ Submit a plan for health care for yourself and your children (attached)
- ☐ Submit a plan for ongoing transportation (attached)

HEALTHY FAMILY LIFE

- ☐ Attend and engage in appropriate visitation with your child(ren), as applicable.
- ☐ Engage in parenting coaching sessions, as applicable
- ☐ Participate in individual therapy, as applicable
- ☐ Complete parenting and protective parenting classes and provide documentation to the drug court team
- ☐ Submit a completed Healthy Relationships plan (attached)
- ☐ Participate in a consultation with Planned Parenthood or a primary care physician regarding family planning